



**KINSEY INSTITUTE**  
**ANNUAL REPORT 2019–2020**  
**INDIANA UNIVERSITY**





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**About our Cover** The cover image for this year's annual report is by Dr. Art Myers - physician, photographer, and longtime Kinsey Institute supporter and donor. In his work as a physician, Art specialized in preventive medicine and public health. In his photography practice, he liked to take portraits of people undergoing hardships, including breast cancer survivors, women who were living with HIV, and orphans in Kenya. He spent time with his subjects, learning about their experiences, and many times giving them a platform for their own creativity, as in his book *Winged Victory: Altered Images—Transcending Breast Cancer*, which includes quotes, poems, and vignettes written by breast cancer survivors, along with his own portraits of them. Art made his entire life about recognizing and honoring the dignity, humanity, and beauty that is inherent within each of us. Art passed away on June 9, 2020, at the age of 89. We miss our dear friend, but continue to honor his compassionate and generous work and outlook on life.

Art Myers, *White Glove – Dark Skin*  
1992 . Gelatin silver print

©Art Myers. Image courtesy of Kinsey Institute Library & Special Collections.



**FROM THE DIRECTOR**

2020 was an extraordinary year in our shared human history, as the rise of the novel coronavirus transformed the personal and public lives of billions around the globe and upended the traditional working of business and government. As the pandemic reached the

United States in March, Kinsey Institute researchers were able to pivot existing projects and launch novel studies to capture both its immediate and long-term effects on people's intimate lives.

The result has been a prolific year of innovative research and publications by Kinsey Institute researchers. Our COVID-19 research program has expanded to document and investigate the pandemic's effects on sexual activity, romantic relationships, marital quality, pre-existing trauma, mental health, domestic violence, friendship, and loneliness. Looking beyond the pandemic, our researchers published findings on women's decision-making around pregnancy, the gendered reactions to receiving unsolicited nude images, and the effect of gender inequity on how women around the world use smart phone apps for sex and dating related purposes.

Public health measures including lockdowns and physical distancing posed initial challenges for our outreach, requiring us to transition to new ways to share our research and collections virtually. Our education and social media programs were able to adapt to online technologies that have allowed us to reach broader and larger audiences, and welcome followers and viewers around the world with events like our 31 Photographs symposium streamed via Zoom and Facebook Live and archived on YouTube, the Tom Fox art exhibition which combined an online gallery with live panel discussions on Facebook, and our Wednesday Art posts which feature selections from Kinsey Institute Collections shared on Instagram and Facebook.

This progress and innovation would not be possible without our incredible faculty and staff, and the strong and continuing support of Indiana University and our donors, which allows us to investigate meaningful research questions and share our unique materials with the public. Thank you.

We are delighted to share this 2019-2020 annual report with you, highlighting the contributions of our research faculty, staff, and donors in response to a year of uncertainty and change, and demonstrating how human diversity and connection foster resilience and promote opportunities for humanity to flourish. ❖

Sincerely,  
Justin

**JUSTIN R. GARCIA, MS, PHD**  
*Executive Director, The Kinsey Institute*  
*Ruth N. Halls Associate Professor of Gender Studies*  
*IU Bicentennial Professor*

**Kinsey Institute  
Resident Research  
Faculty**

**Executive Director**  
Justin R. Garcia, Ph.D.<sup>1</sup>

**Associate Director for Research**  
Amanda N. Gesselman, Ph.D.

**Research Faculty**  
Jennifer S. Barber, Ph.D.<sup>2</sup>  
C. Sue Carter, Ph.D.<sup>3</sup>  
Kristen N. Jozkowski, Ph.D.<sup>4</sup>  
Jacek Kolacz, Ph.D.  
Jessica J. Hille, J.D., Ph.D.  
Gregory F. Lewis, Ph.D.<sup>5</sup>  
Hans Nazarloo, M.D., Ph.D.  
Zoë D. Peterson, Ph.D.<sup>6</sup>  
Stephen W. Porges, Ph.D.  
Stephanie A. Sanders, Ph.D.<sup>1</sup>  
Virginia J. Vitzthum, Ph.D.<sup>7</sup>  
Lemuel W. Watson, Ed.D.<sup>8</sup>  
William L. Yarber, H.S.D.<sup>4</sup>  
Liana Zhou, M.L.S.

**Research Fellows**  
Helen E. Fisher, Ph.D.  
Justin J. Lehmler, Ph.D.

**Postdoctoral Researchers**  
Shari M. Blumenstock, Ph.D.  
Alexa S. Marcotte, Ph.D.  
Allison M. Perkeybile, Ph.D.  
Tania A. Reynolds, Ph.D.  
Adam Safron, Ph.D.

*Faculty cross-appointments at Indiana University:*  
1 Gender Studies, College of Arts & Sciences  
2 Sociology, College of Arts & Sciences  
3 Biology, College of Arts & Sciences  
4 School of Public Health  
5 School of Informatics, Computing, and Engineering  
6 Counseling and Educational Psychology, School of Education  
7 Anthropology, College of Arts & Sciences  
8 Office of the Vice President for Diversity, Equity, and Multicultural Affairs

**RESEARCH LABORATORIES**

**Romantic and Sexual  
Relationships Laboratory**

**Condom Use Research Team  
(KI-CURT)**

**Sexual Assault Research Initiative**

**Traumatic Stress Research Consortium  
(KI-TSRC)**

**Socioneural Physiology Laboratory**

**Bio-Behavioral Research Laboratory**

**Evolutionary Anthropology Laboratory**

**Relationship Dynamics and  
Social Life Project (RDSL)**

**LGBTQ Research Initiative**

**Kinsey Institute Statement  
on Diversity and Inclusion**

As a research institute devoted to the study of human sexuality, the Kinsey Institute continues to explore the complexities of sexual and gender diversity and variation in sexual and relationship experiences. We value the rich perspectives that different genders, races, religions, ethnicities, abilities, and sexual orientations bring to humanity, and to our professional work. We recognize the barriers that past and ongoing prejudice and oppression present to marginalized communities, and our work aims to combat bias and bigotry by furthering evidence-based knowledge about the diversity and complexity of human experiences. We commit to fostering an inclusive workplace where everyone is valued and has opportunities for professional and personal development and growth. We welcome and seek out collaborations with diverse groups and individuals whose range of experiences and expertise enrich our research and pedagogy, including and especially issues specific to marginalized communities. Documenting the diversity of the human experience lies at the heart of our research mission and is instrumental to our institutional success. ❖



New Faculty



**Dr. Lemuel Watson**

In July 2020, we welcomed Dr. Lemuel Watson to our research faculty as a Senior Scientist. Previously Dean of the Indiana University School of Education where he also holds an appointment as Provost Professor, Dr. Watson brings over three decades of experience in research, teaching, and advocacy around diversity issues with underrepresented groups and was also recently appointed Associate Vice President for Diversity, Equity and Multicultural Affairs (DEMA) at Indiana University. Throughout his career, he has emphasized the power of diversity to help us better understand our world and ourselves. Dr. Watson will help oversee the

Kinsey Institute's efforts to generate collaborative research, education, and fundraising related to LGBTQ+ lives and topics. This will include research on LGBTQ+ youth mental health as part of the partnership between the Kinsey Institute and The Trevor Project, the world's largest suicide prevention and crisis intervention organization for lesbian, gay, bisexual, transgender, queer, and questioning youth. ❖



**Dr. Jennifer Barber**

In fall 2020, Dr. Jennifer Barber joined the Kinsey Institute faculty as a Senior Scientist, with a joint appointment as Professor of Sociology. Dr. Barber's research and teaching interests lie at the intersection of family sociology, demography, and social psychology, with a focus on young pregnancy, intimate relationships, reproductive control, and intimate partner violence. From 2008-2012, Dr. Barber directed the Relationship Dynamics and Social Life (RDSL) project, and she continues to conduct statistical and qualitative analyses on the data. Her current research focuses specifically on how violent and/or demanding intimate partners

derail young women's post-secondary education plans, how and why the dissolution of violent and non-violent intimate relationships during the transition to adulthood varies across sociodemographic groups, and how intimate relationships shape young women's expectations and ability to control heterosexual intercourse and contraceptive use. ❖



**Dr. Shari Blumenstock**

Dr. Shari Blumenstock joined the Kinsey Institute team in fall 2020 as a Postdoctoral Research Fellow. Dr. Blumenstock left the field of mechanical engineering to pursue a career studying romantic and sexual relationships, receiving her Ph.D. in 2019 from the University of Wisconsin-Madison in Human Development and Family Studies, where she began working on the RDSL project with Dr. Barber. Dr. Blumenstock's research focuses on the sexual aspects of couple relationships, with an emphasis on sexual desire, pleasure, and partner and gender influences. She also studies the relationship contexts of substance use and

mental health in daily life. Methodologically, Dr. Blumenstock specializes in dyadic and intensive longitudinal data collection, multilevel modeling, and experimental survey designs. ❖



Dr. Kristen Jozkowski received the **Lester A. Kirkendall Outstanding Mentor Award** from the Society for the Scientific Study of Sexuality.

Dr. Jennifer Barber received the American Sociological Association Family Section's **Article of the Year** award for her co-authored article, "The Dynamics of Intimate Partner Violence and the Risk of Pregnancy During the Transition to Adulthood," published in the *American Sociological Review*.

Dr. Lemuel Watson received the **2020 Distinguished Alumni Award** from Ball State University Teachers College and became a **Senior Scholar Fellow** with Antioch University's Graduate School of Leadership and Change.

Dr. Adam Safron was awarded the **Summer Seminars in Neuroscience and Philosophy Fellowship** from Duke University and the Templeton Foundation.

Dr. Judith Allen became Chair of the **Faculty Advisory Board** at Indiana University Press.

2020 Faculty Awards & Honors

The Office of the Bicentennial at Indiana University awarded **Bicentennial Medals to Executive Director Dr. Justin Garcia and Director of Library & Special Collections Liana Zhou in recognition of their "distinguished and distinctive service to Indiana University."**

Dr. Garcia has held multiple leadership and service roles at Indiana University. An award-winning researcher and educator, his research into the evolutionary and biocultural foundations of romantic and sexual relationships across the life course has been published widely and featured in notable publications including *The New York Times*, *The Wall Street Journal*, and *Time*, and he has appeared on numerous media outlets to give expert commentary. He is a key member of the Kinsey Institute's COVID-19 research team working to understand the pandemic's effects on sexuality and intimate relationships. In 2018, he was appointed an Indiana University Bicentennial Professor in support of public outreach.

Head Librarian Liana Zhou has served as the Kinsey Institute's Director of Library & Special Collections for over 20 years. She is admired and respected by library and sexology colleagues around the world for her dedicated stewardship of the valuable materials under her care, protecting and preserving a record of current and past human sexuality for future generations to study. Zhou is a co-author of *The Kinsey Institute: The First Seventy Years* (IU Press, 2017). Through her own scholarship and interactions with students, faculty, donors, and the public, she is an ambassador of goodwill for the Kinsey Institute and Indiana University. ❖



Bicentennial Medal front and back.



# Kinsey in the News

March 2, 2020. **GQ**. "How High School Sex Ed Is Changing Post-#MeToo."

March 26, 2020. **CBS Morning News, CBS**. "Coronavirus' toll on relationships and dating."

March 29, 2020. **The Atlantic**. "How to Not Tank Your Relationship in Quarantine."

April 9, 2020. **Forbes**. "Social Media Data Suggests COVID-19 Isolation Inspires More Nude Photos."

April 11, 2020. **TIME**. "The Coronavirus Is Changing How We Date. Experts Think the Shifts May Be Permanent."

April 13, 2020. **New York Times**. "Cupid in Quarantine: What Brain Science Can Teach Us About Love."

April 20, 2020. **Wall Street Journal**. "Sex in the Time of Coronavirus."

April 24, 2020. **Bustle.com**. "The Sex Tech Industry Is Booming Amid An Economic Crisis."

April 26, 2020. **HuffPost.com**. "Does Sex Really Boost Your Immune System?"

May 8, 2020. **Noon Edition, NPR**. "Domestic Violence and the COVID Pandemic."

May 9, 2020. **The Economist**. "Casual sex is out, companionship is in."

May 15, 2020. **PBS News Hour, PBS**. "Coronavirus has changed online dating. Here's why some say that's a good thing."

May 18, 2020. **New York Times**. "Imagining a First Post-Pandemic Kiss."

August 25, 2020. **The Washington Post**. "How to Embrace the Slower Pace of a Pandemic Relationship."

September 14, 2020. **CNN**. "Sex gets complicated during the pandemic."

October 6, 2020. **TIME**. "Would You Date Someone With Different Political Beliefs? Here's What a Survey of 5,000 Single People Revealed."

October 6, 2020. **USA Today**. "How has the pandemic altered dating? Survey says more roommates are hooking up."

December 8, 2020. **Wall Street Journal**. "Can We Make Our Sex Lives Fun Again?"

December 26, 2020. **New York Times**. "Take Back Your Sex Life."

December 31, 2020. **The Atlantic**. "What the Pandemic Has Done for Dating."

## ADDITIONAL MEDIA COVERAGE

January 22, 2020. **Psychology Today**. "New Era, New Beliefs: Singles Do Better, but the Married Feel Better."

January 27, 2020. **Indiana Public Media (website)**. "Acting Kinsey Director Co-authors Study On How #MeToo Has Changed Dating."

January 29, 2020. **Healthline.com**. "What Does the Kinsey Scale Have to Do with Your Sexuality?"

February 11, 2020. **The Guardian (UK)**. "The Psychology of the threesome: everyone wants one, but who's truly ready for it?"

February 12, 2020. **Reuters.com**. "For Valentine's Day, Florida couples share secrets of long-lasting love."

February 13, 2020. **DailyBeast.com**. "The Harvey Weinstein Trial Shows Why Forced Oral Sex Is Rape."

February 24, 2020. **Men's Health**. "More Than 1 in 10,000 People Have A Micropenis."

March 17, 2020. **Sex & Psychology blog**. "Can Coronavirus Be Transmitted Through Sex?"

March 21, 2020. **New Day Weekend, CNN**. Interview with Dr. Jacek Kolacz on mental health during the COVID-19 pandemic.

March 23, 2020. **Psychology Today**. "How the Pandemic Is Changing Pornography."

March 23, 2020. **Men's Health**. "The Psychological Reasons You're Horny as Hell During the Coronavirus Quarantine."

March 26, 2020. **Indianapolis Star**. "Anxiety over Coronavirus is normal: Here's how to manage it."

March 26, 2020. **CBS Morning News, CBS**. "Expert says pandemic is a good time for singles, bad for couple."

March 26, 2020. **MIT Technology Review**. "How coronavirus is transforming online dating and sex."

March 26, 2020. **DailyBeast.com**. "There May Be a Coronavirus Lockdown, but We Are Still Cruising Each Other Out on the Streets."

April 3, 2020. **Refinery29.com**. "I Love Being Single, So Why Am I Desperate For A Coronavirus Boyfriend?"

April 4, 2020. **Wired**. "Coronavirus Has Created a Sex Boom - but Maybe Not a Baby Boom."

April 7, 2020. **The Atlantic**. "America is Thirsty for Anthony Fauci."

April 8, 2020. **Vox.com**. "Quarantine horniness, explained by a sex researcher."

April 9, 2020. **MindBodyGreen.com**. "Why Do Humans Kiss Each Other? Here's the Science of Kissing."

April 9, 2020. **Indiana Daily Student**. "State order prompts concerns about access to abortion during coronavirus pandemic."

April 9, 2020. **Fox59 (TV)**. Interview with Dr. Justin Garcia on navigating relationships during the pandemic.

April 9, 2020. **Pink News**. "Bona fide sex expert explains why coronavirus quarantine is making people hornier than usual."

April 14, 2020. **New York Post**. "Thirsty tweets skyrocket amid coronavirus quarantine, study shows."

April 14, 2020. **Washington Post**. "'I would pay \$50 for a 2-minute hug': True stories of sex starvation during self-quarantine."

April 15, 2020. **IU Research Impact (blog)**. "Love in the Time of COVID."

April 21, 2020. **Chicago Reader**. "Polyamory during a pandemic: How to quarantine while dating multiple folks."

April 21, 2020. **Washington Post**. "Don't want to swipe on Tinder while in self-isolation? That's totally fine."

April 22, 2020. **Indianapolis Star**. "The coronavirus and birth rates: What experts say about a 'once-in-a-century' situation."

April 24, 2020. **Latin Times**. "Tinder, Bumble, And Other Dating Apps Introduce New Features To Help Singles Cope With The Lockdown."

April 24, 2020. **Good Housekeeping**. "Experts Explain Why We Love Reality Dating Shows, Even Though We Know They're Fake."

April 25, 2020. **BigThink.com**. "8 lesser-known orientations along the sexuality spectrum."

April 27, 2020. **Indiana Daily Student**. "Kinsey survey shows how sex lives, dating are changing during quarantine."

April 28, 2020. **Fox News Rundown podcast**. "Fox News Rundown: April 28, 2020."

April 28, 2020. **IU Arts and Humanities Council podcast**. "Quarantine(d) Conversations: Social Life and Its Negation."

April 29, 2020. **GadgetNews.com**. "WFH: Google has 5 video-calling tips for you."

April 30, 2020. **USA Today**. "No sex, please, we're in a pandemic: Who can be intimate, who shouldn't while in coronavirus quarantine."

May 2, 2020. **On Topic with IU podcast**. "Talking physical and mental health with the Kinsey Institute's Gregory Lewis."

May 3, 2020. **The Declan Herald**. "There's still space for love."

May 4, 2020. **Elite Daily**. "Here's What Happens in Your Brain When You're With Your Partner All the Time."

May 7, 2020. **New York Times**. "How Coronavirus Is Changing the Dating Game for the Better."

May 7, 2020. **Posthoc Salon**. "A Close Look at Sex and Relationships During COVID."

May 7, 2020. **Refinery29.com**. "1 in 5 People Admit to Texting Their Ex During Quarantine."

May 7, 2020. **Refinery29.com**. "A New Study Found Coronavirus in Semen."

May 8, 2020. **YahooLife.com**. "Why couples are having less sex during the pandemic — and what they can do to change it."

May 13, 2020. **Kelly Kutrara podcast, Global TV News (Canada)**. "How COVID 19 is changing dating experience"

May 14, 2020. **Vogue Portugal**. "If these walls could talk."

May 14, 2020. **Love in Quarantine podcast**. "What's Up (Or Down) With Your Coronalibido?"

May 17, 2020. **Men's Health**. "Single People in the Netherlands Have Been Advised to Find a 'Sex Buddy' During Lockdown." (This story also appeared in **Esquire Japan** and **Indianapolis Monthly** magazine.)

May 20, 2020. **On Topic with IU podcast**. "Domestic violence in the pandemic, with psychologist and professor Zoë Peterson."

May 21, 2020. **The Economist Radio**. "The Intelligence: Online dating during lockdown."

May 21, 2020. **Curious City, WBEZ Chicago**. "Sex, Dating And Connection During Quarantine."

May 25, 2020. **CNBC**. "Why the coronavirus might change dating forever."

May 27, 2020. **On Topic with IU podcast**. "Dating in the time of Coronavirus with social psychologist Amanda Gesselman."

June 2, 2020. **Financial Times (UK)**. "Lockdown stress puts paid to a coronavirus baby boom."

June 4, 2020. **Krugerdorp News (South Africa)**. "Pets give comfort in time of touch deprivation."

June 16, 2020. **WTHR 13, Indianapolis**. Interview with Dr. Justin Garcia on findings from Kinsey Institute research on the impact of Coronavirus on relationships.

June 22, 2020. **Globe and Mail (Canada)**. "As the pandemic presses on, some people are reaching out to their exes."

July 20, 2020. **Atlantic Council blog**. "Nine cyberattacks that will remind you of your ex."

July 31, 2020. **The Washington Post**. "Nick Nurse, who coached the Toronto Raptors to last year's NBA title, loves Memojis."

August 4, 2020. **Refinery29.com**. "Why Masturbating Is Still An Excellent Idea If You're Coupled Up."

August 6, 2020. **Jezebel.com**. "Lockdown Has Imploded People's Sex Lives."

## Social Media @KinseyInstitute



facebook.com/kinseyinstitute



instagram.com/kinseyinstitute



linkedin.com/company/kinsey.institute



twitter.com/kinseyinstitute

August 15, 2020. **PsyPost.com**. "New psychology research uncovers women's and men's reactions to receiving unsolicited dick pics."

August 24, 2020. **The Washington Post**. "Yes, some people are still having one-night stands."

September 4, 2020. **DatingNews.com**. "The Kinsey Institute Explores How the COVID-19 Pandemic Has Changed Dating & Relationships in Fundamental Ways."

September 22, 2020. **Mandatory.com**. "Our Sex Lives Suck, Study Says to Blame COVID For Your Inability to Get Laid (If That Helps You Sleep at Night)."

October 1, 2020. **MedicalNewsToday.com**. "What to know about the Kinsey Scale."

October 7, 2020. **Elle**. "The Rise of the One-Month Stand."

October 12, 2020. **Yahoo.com**. "New study explains why certain couples start to look alike."

October 19, 2020. **TheFreshToast.com**. "Can Social Isolation from COVID-19 Cause Pornography Compulsion."

October 21, 2020. **Observer.com**. "Sex Robots, Teledildonics, and the Rise of Technosexuals During Lockdown."

October 23, 2020. **Mashable.com**. "Halloween is the best time to explore your erotic alter ego in the bedroom."

October 27, 2020. **Ex Appeal podcast**. "Sex and Dating."

October 28, 2020. **SCMP**. "Coronavirus means less sex - for Chinese, Americans, British, Turkish."

October 28, 2020. **Newsmax.com**. "Myths and Facts About Seniors and Sex."

November 25, 2020. **DatingNews.com**. «21 Most Fascinating Dating Studies for 2020.»

December 2, 2020. **Ex Appeal podcast**. "The Science Behind Dating Apps."

December 2, 2020. **Mic.com**. "Could BDSM be the antidote to our pandemic-fueled loss of control?"

December 7, 2020. **Doctor Radio, SiriusXM**. "Dr. Virginia Sadock with guest Dr. Justin Garcia."

December 7, 2020. **Insider.com**. "3 things to think about before you have a threesome."

## Social Media Campaign Promotes Kinsey Institute Special Collections

In early 2020, we created a new Wednesday art program on Instagram and Facebook to bring more attention to the varied work we do at the Kinsey Institute and to broaden popular access to our rich collections of art and artifacts. Launched on March 20th, the campaign has featured pieces from our art, artifact, and photography collections selected every week by Curator Rebecca Fasman. The posts have been popular, and feedback from our followers tells us they find them to be educational and meaningful, and that they provide insight into the diverse materials housed by the Kinsey Institute Special Collections. ❖

December 7, 2020. **Metro (UK)**. "New app gives you legal protection when you send nudes."

December 13, 2020. **Mic.com**. "Coronavirus-themed porn made me feel weirdly hopeful about life."

December 17, 2020. **Brookings Institution blog**. "The coming COVID-19 baby bust: Update."

December 17, 2020. **San Francisco Chronicle**. "According to the numbers, pandemic will be baby bust."

December 23, 2020. **Shape**. "What Does It Mean to Be Sexually Fluid?"

December 27, 2020. **MedicalNewsToday.com**. "Why more Indians turned to sexting during the pandemic."

December 29, 2020. **TIME**. "Why the COVID-19 Pandemic Has Caused a Widespread Existential Crisis."

December 31, 2020. **Washington Times**. "Baby bust: Pandemic to spark biggest fertility declines since 1970s."



### Exploring How Gender Equality Affects Women’s Use of Phone Apps for Sex-Related Purposes in a Global Sample

Based on responses from 130,885 women in 191 countries, Drs. Amanda Gesselman and Virginia Vitzthum assessed how women around the world interact with their smartphones and mobile devices for sex-related purposes. Researchers were especially interested in the behaviors of women in regions where no data had previously been reported, and they surveyed participants on how they use their internet-connected smartphones to find romantic or sexual partners, to learn about sex and improve their

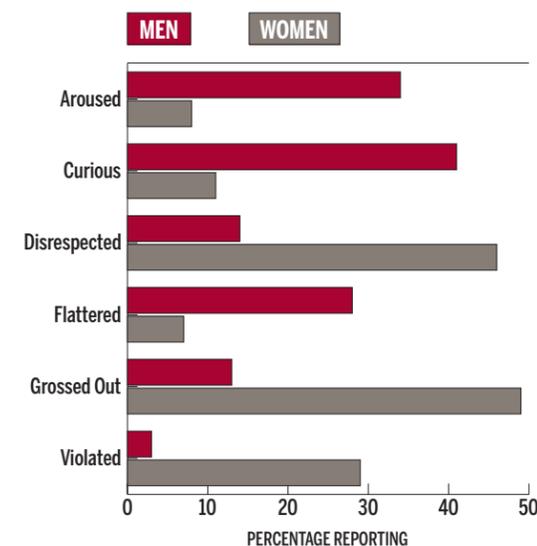
#### Have you ever sexted?

- 65% of women in Africa
- 69% of women in the Americas
- 52% of women in Asia
- 63% of women in Europe
- 62% of women in Oceania

sexual relationships, and to track their own sexual health. Results showed that across every major region of the world as defined by the United Nations, at least 1 in 5 women had used technology to create connections with partners, while 1 in 2 had exchanged sexts. On a large scale, this study demonstrated that women everywhere are interested in sexual expression and exploring their own sexuality. Even in areas where women’s sexual expression is more restricted and a more taboo subject, women were pursuing sexual experiences and sexual relationships in similar ways to women in more culturally permissive regions. It’s clear that women everywhere are finding technology like internet-enabled smartphones to be useful tools in their romantic and sexual lives, and ultimately, their well-being. ❖

### Investigating the Gender Dynamics of Receiving and Sending Unsolicited Nude Images

In a U.S. sample of 2,045 women of all sexual identities and 298 gay/bisexual men, among those who had ever received a nude male genital image or “dick pic”, nearly all respondents (91%) had also received an *unsolicited* nude genital image from a man. Women of all sexual identities predominantly expressed negative responses to these unsolicited nude images, with only a minority selecting any positive or neutral/ambivalent reactions. Women who had experienced more unsolicited advances from men in the last year were more likely to select multiple negative reactions, and younger women selected more negative and neutral/ambivalent responses than older women. Conversely, gay and bisexual men responded positively, with few choosing any negative or neutral/ambivalent responses. These findings highlight the gendered dynamics of unsolicited sexting, and possible misalignment between the reactions of women receivers and the intentions of men senders, raising questions about sexual harassment and consent in the digital age. ❖



### Landmark 10<sup>th</sup> Year for Singles in America Study

Over the last 10 years, relationship company Match.com has undertaken the Singles in America (SIA) study in partnership with Drs. Helen Fisher and Justin Garcia acting as scientific advisors to the study. SIA annually surveys over 5000 American singles from all demographic backgrounds on their sexual and romantic relationships and attitudes towards dating. The 2020 survey focused on the impact of the COVID-19 pandemic, political tensions, and racial equality. Significant findings from this year’s survey included the changes that the pandemic has brought to the dating landscape, with dating app users leaning into actions that supported long-term commitment, including spending more time getting to know people (63%), being more honest with dates (69%), and shifting toward more ‘intentional’ dating (58%).



Politics is also having a growing impact on dating attitudes. In previous years, less than half of survey respondents said that shared political beliefs were a priority in dating. In 2020, this shifted dramatically to 76% saying it was important

#### 76% of singles reported it is important to share the same political beliefs with a mate.

to share the same political beliefs, and only 48% of singles reporting they could have a relationship with someone with very different views. In addition, 64% of singles said they couldn’t have a relationship with someone with a different view of racial equality, and 59% wanted to know if their dates supported the Black Lives Matter movement. ❖

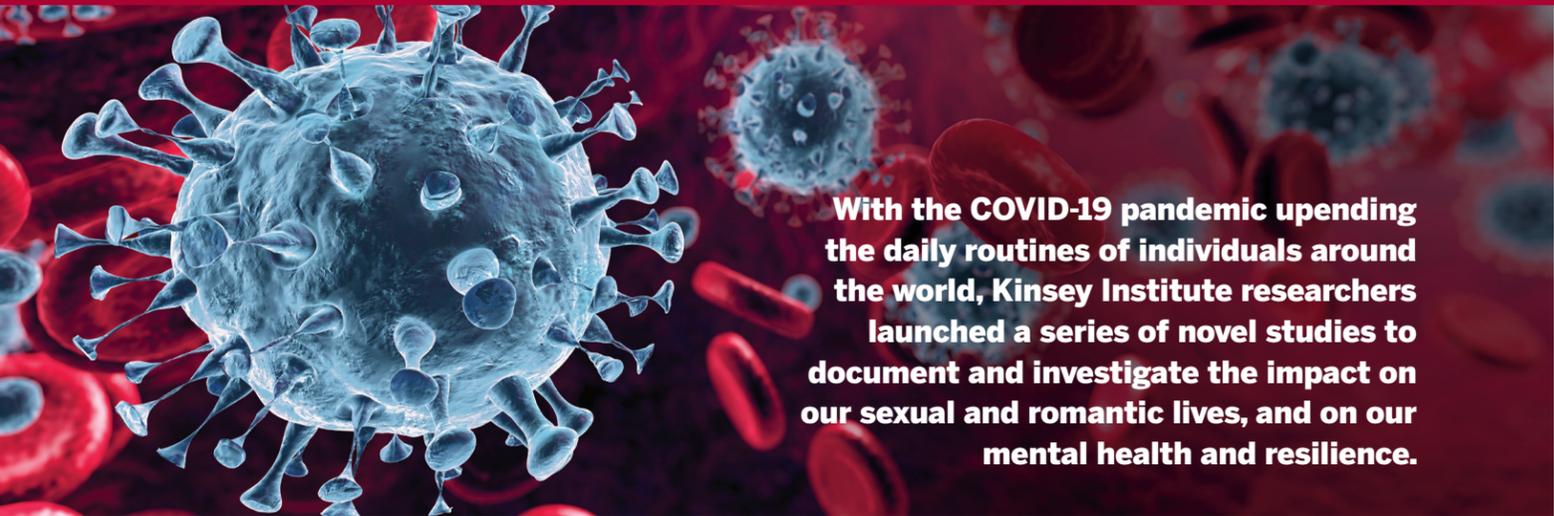


### Research in Relationship Dynamics and Social Life

Dr. Jennifer Barber continues work on the Relationship Dynamics and Social Life (RDSL) project to investigate a variety of issues around young women’s transition to adulthood, their decisions around sexuality, and the impact of these events on their life trajectory. A series of studies focusing on these factors in the lives of Black women with male partners found that while young Black and white women had similar desires to prevent pregnancy, and reported similar plans to implement those goals, Black women still had higher pregnancy rates. Barber’s research suggests a variety of factors at work. Although

#### Factors including unwanted sex, reliance on condoms, and difficulty accessing condoms interfere with young Black women’s plans to prevent pregnancy.

Black women had less desire for sex in the upcoming year, they also said they would be less willing to refuse unwanted sex with their partner if they thought it would make him angry. Further, although Black and white women were similarly likely to use contraceptives, Black women used contraception less consistently, probably because they tended to use condoms while white women tended to use the pill. Finally, the pharmacies closest to Black women tended to have more difficult access to condoms – behind the counter or in a locked cabinet – and fewer self-check-out options. All of these factors – unwanted sex, reliance on condoms (which are difficult to use consistently for a long time), and difficulty accessing condoms – act as obstacles that keep Black women from getting the relationship outcomes they want. ❖



**With the COVID-19 pandemic upending the daily routines of individuals around the world, Kinsey Institute researchers launched a series of novel studies to document and investigate the impact on our sexual and romantic lives, and on our mental health and resilience.**

**Changes in Sexual Behavior During the COVID-19 Pandemic**

As COVID-19 lockdown regulations began to loom in mid-March, Kinsey Institute researchers knew that widespread behavioral change, rising anxieties, and mandated social disconnection would have substantial effects on the romantic and sexual lives of people around the world. Drs. Justin Garcia, Amanda Gesselman, Justin Lehmiller, and Kristen Mark enrolled thousands of participants in a multi-national longitudinal study to observe these changes and consequences. In their first analysis of over 1,400 participants, 44% of the sample reported that the quality of their sex life has declined. However, people who reported incorporating new forms of sexual intimacy (e.g., sexting, sharing fantasies) also reported less stress and were less lonely. In their next analysis, the researchers are exploring changes over time in social, romantic, and sexual behaviors as a function of the COVID-19 pandemic, and the potential long-term effects on love and sex after it abates. ❖



**Impact of the COVID-19 Pandemic on Marital Quality**

In April 2020, the Kinsey Institute Condom Use Research Team (KI-CURT) embarked on a study of how the coronavirus pandemic and ensuing public safety measures were affecting marital quality, sexual behavior, reproductive planning, and individual and family well-being. Based on a national sample of 1,117 married individuals in heterosexual and same-sex marriages, preliminary results suggest that early in the pandemic, despite many people experiencing increased stress, most reported a positive impact on their marriage.

Positive effects reported by participants included agreeing that the pandemic strengthened their marriage, made them feel more committed to their marriage, helped them appreciate their spouse more, and was bringing their family closer together. Both men and women reported engaging more in talking with their spouse about sex, sleeping in the same bed with their spouse, touching, and cuddling.

While most women reported no change in their emotional or sexual satisfaction, about 1 in 6 reported a decrease in emotional satisfaction, and 1 in 6 reported a decrease in sexual satisfaction. Women's decreases in emotional satisfaction correlated highly with overall stress due to COVID-19, and to their spouses' increased work stress. Men's decreases in emotional and sexual satisfaction correlated highly with their own increased work stress, and higher levels of worry about career and finances. ❖



**Having a history of trauma increased the probability of mental health issues during COVID-19**

**Prior Trauma History Increases Probability of Adverse COVID-19 Effects on Mental Health**

The threat response of the human autonomic nervous system operates to detect and respond to safety and to danger in our environments by adapting our body and brain reactions. However, prolonged or extreme shifts in brain-body states can compromise our mental health. In early 2020, the COVID-19 pandemic posed a sudden and rapidly growing threat – destabilizing our professional and personal lives, as well as threatening our physical health. In response to the unprecedented scale of this event, the Kinsey Institute Traumatic Stress Research Consortium (KI-TSRC) launched a study investigating the sudden and profound impact of the COVID-19 pandemic on our lives and how it was affecting our mental health. Results of the study showed that having a trauma history prior to the pandemic increased the probability of depression, PTSD symptoms, worry about the effects of the pandemic, and body stress responses. The findings have implications for mental health intervention and prevention strategies. Therapies that dampen or regulate threat response may be helpful to improve mental health and alleviate worry and can assist individuals with a history of adversity or a sensitized nervous system. ❖

**COVID Impact on Relationship Quality**  
**44%** reported quality of sex life declined  
**43%** reported quality stayed the same  
**14%** reported quality of sex life improved

**The Psychological Impact of COVID-19 on LGBTQ+ Individuals**

In order to address whether sexual-minority (LGBTQ+) individuals may experience more negative psychological impacts from the COVID-19 pandemic than sexual-majority (heterosexual) individuals, Kinsey Institute researchers examined mental health symptoms in an online study of 170 U.S. men and women recruited in the spring of 2020. There was evidence of substantial mental health difficulties throughout the entire sample: 27% of all participants reported peri-traumatic stress reactions associated with the pandemic at a level that is

**Sexual minorities and women reported more psychological distress during COVID-19 than sexual majorities and men**

predictive of future post-traumatic stress disorder (PTSD), over 30% reported increased alcohol use since the start of the pandemic, and average scores of general psychological distress exceeded those in prior community samples. Sexual minorities and women reported more general psychological distress and peri-traumatic stress associated with the pandemic than sexual majorities and men, respectively. There were no group differences in alcohol use. The sexual identity differences in general distress were partially accounted for by differences in participants' exposure to adverse childhood events, but the relationship between sexual identity and peri-traumatic stress was significant even after controlling for adversity in childhood. These results point to the need for widespread and LGBTQ+ affirmative mental health services in the aftermath of COVID-19. ❖

## FACULTY PUBLICATIONS (JULY 2019 – DECEMBER 2020)

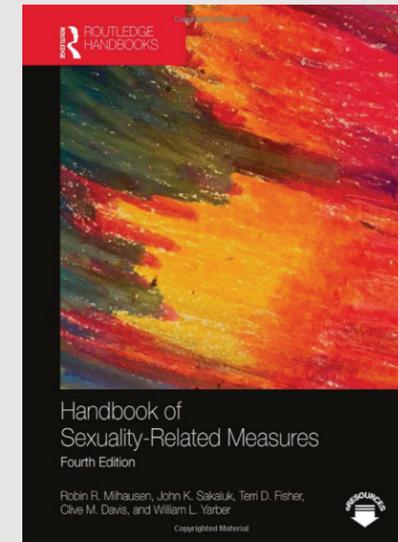
This list includes the publications of the resident Kinsey Institute faculty and their postdoctoral and graduate student advisees.

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Co-authored by Kinsey Institute researchers, this classic reference volume, appearing in its 4th edition in 2020, remains the comprehensive handbook of important measures used in the field of sex research.

## FACULTY PUBLICATIONS (JULY 2019 – DECEMBER 2020)

This list includes the publications of the resident Kinsey Institute faculty and their postdoctoral and graduate student advisees.

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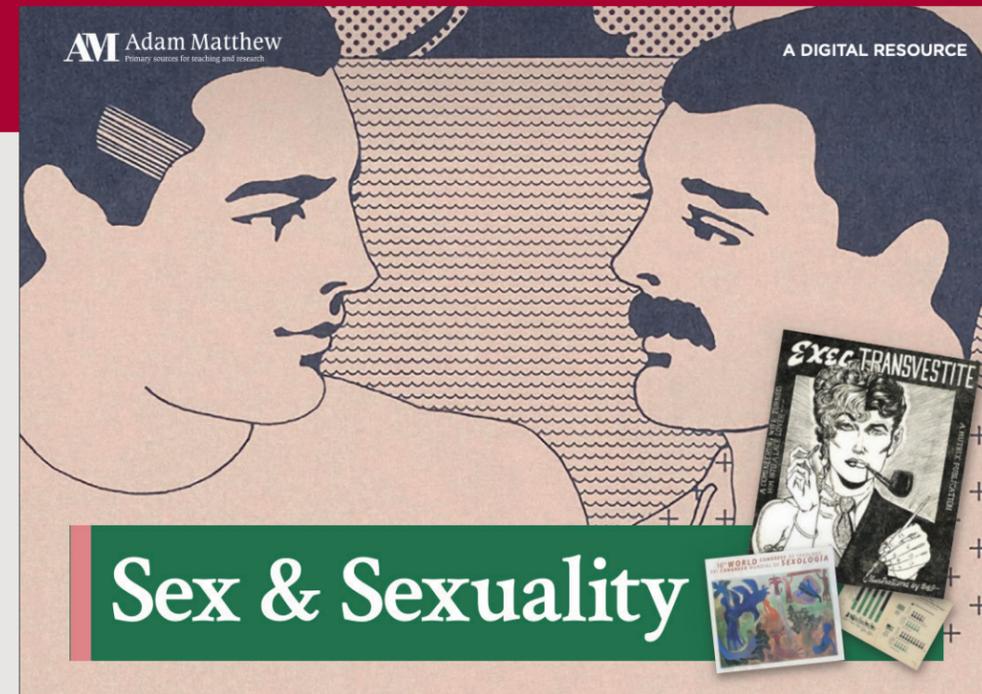


## Tom Fox: Stories of Courage and Love from the Kinsey Institute Library & Special Collections

Tom Fox (1956-1989) was a Bloomington native and graduate of Indiana University. In the 1980s, a photograph of Tom on his death bed, surrounded by his grief-stricken parents and brothers, became an iconic image of the AIDS epidemic, and was nominated for the Pulitzer Prize. In 2019, Tom's parents, Doris and Bob Fox, donated their collection of photographs, documents and other memorabilia to the Kinsey Institute Library & Special Collections, including more than 230 photographs of Tom taken by Michael A. Schwarz. In 2020, the Kinsey Institute and Untitled Light Gallery presented *Wild Horse Running: The Courageous*

*Journey of Tom Fox*, with a companion online gallery at [courageoftomfox.com](http://courageoftomfox.com), illustrating the enduring power of Tom's story and courage. Planned to honor Tom, the exhibition also became a memorial for and legacy of his parents who passed away in 2020. The Kinsey Institute collaborated on this project with scholars and colleagues from Indiana University and the Bloomington community, and thanks them for their extraordinary contributions and dedication: Claude Cookman, Dennis Hill, Chelsea Sanders, Doug Bauder, Untitled Light Gallery, co-organizer Cindy Stone and the Indiana University LGBTQ+ Alumni

"Scream." Photograph copyrighted by Michael Schwarz. Image courtesy of Collections of the Kinsey Institute, Indiana University. All rights reserved.



## Kinsey Institute Digital Collection Represented in Gale's Archives of Sexuality and Gender

Providing scholarly access to the Kinsey Institute holdings has been important throughout the Institute's history. One of the earliest efforts in reproducing full text publications for wider accessibility was to transfer them to microfilm, which at the time was considered the best technology available and the preferred way for libraries to preserve contents and provide access to valuable or fragile items. Our microfilm collection, *Early Literature from Statistics to Erotica, a collection from the Alfred C. Kinsey Institute for Sex Research dating from 1700 to 1860*, was published in the 1960s, and it includes hundreds of rare books from our Library & Special Collections. In recent years, the Kinsey Institute has worked with the publisher Gale to digitize the microfilm collection, and make it available to students and scholars as digital books. This important and unique collection is now published in Gale's *Archives of Sexuality and Gender: Part III, Sex and Sexuality, Sixteenth to Twentieth Centuries*. The Gale digital resource also includes holdings from the British Library and the New York Academy of Medicine Library. ❖

## Labor of Love: Providing Global Digital Access to Selections of the Kinsey Institute Library & Special Collections

Published in January 2020 in partnership with Adam Matthew Digital, *Sex & Sexuality Digital Resource* is an online archive which provides unprecedented global access to digitized resources from the Kinsey Institute archival collections for scholars and students with an interest in the history of human sexuality and gender research. This resource covers the work of prominent sex researchers, as well as the work of the Institute itself during the tenures of its first three directors: Dr. Alfred C. Kinsey, Dr. Paul H. Gebhard, and Dr. June M. Reinisch. Highlights include original research notes (1951-1956) from sex researcher and criminologist Alice Withrow Field, materials related to Dr. June Reinisch's syndicated newspaper advice column, "The Kinsey Report" (1984-1993), and the research files of sexologist Dr. Harry Benjamin on his pioneering work on transgender experiences during the 1960's and 70's. Digitizing the primary resources and arranging for online access took a decade to select and prepare. Special thanks to Liana Zhou, Shawn C. Wilson, Garry Milius, Professor Judith Allen, and many others from the Kinsey Institute Library & Special Collections and from across Indiana University for their extraordinary support with this long-term project. ❖



## 31 Photographs: ‘Obscenity,’ Censorship, and Academic Freedom

A 4-week symposium exploring government surveillance and censorship, and the importance of free expression in a democratic society.



### 31 Photographs Speaker Series

In October, the Kinsey Institute presented “31 Photographs: ‘Obscenity,’ Censorship, and Academic Freedom” in partnership with the College of Arts and Sciences’ 2020 fall Themester on Democracy. This four-part virtual speaker series was inspired by the legacy of a 1956 U.S. customs case in which 31 photographs and other materials being shipped to the Kinsey Institute (then the Institute for Sex Research) were seized for being “obscene” under the laws of the day. IU president Herman B Wells sided with the Institute and the principles of academic freedom, and a federal court ultimately ruled in Kinsey’s favor. The speaker series covered the history of the 31 photographs case and its enduring legacy, including implications for sex research and contemporary censorship law, as well as its impact on art and additional legal regulations affecting sex and expression. The series was moderated by Jessica Hille and Rebecca Fasman from the Kinsey Institute, and featured speakers Andrew Cooper from Indiana University and the *Journal of American History*, Svetlana Mintcheva from the National Coalition Against Censorship, and Preston Mitchum from URGE: Unite for Reproductive & Gender Equity and the Georgetown University Law Center. By the end of the year, the series had reached over 11,000 people via Facebook Live. The recordings remain available on the Kinsey Institute’s YouTube channel. ❖

Unknown artist; Masturbating female in lingerie, United States v. 31 Photographs; early 20th century, photograph.



*“The Indiana University School of Medicine Bloomington is very excited and grateful for our collaboration with the Kinsey Institute on the Human Sexuality and Health Scholarly Concentration. The program is running smoothly under the leadership of Dr. Jessica Hille, who is providing our medical students with an excellent experience that will benefit them through their medical education and as practicing physicians.”*

— **Dr. Charles Rudick**  
Assistant Professor of Clinical  
Pharmacology & Toxicology  
Assistant Director of Medical Education  
Co-Director, Human Sexuality and  
Health Scholarly Concentration,  
IU School of Medicine

### Scholarly Concentration

The Indiana University School of Medicine and the Kinsey Institute are partnering to offer a unique Human Sexuality and Health Scholarly Concentration which introduces IU medical students to a range of issues related to sex, gender, and sexuality, and how these characteristics intersect with the practice of medicine. The first cohort of medical students in the program completed two intensive courses in summer 2020 with Dr. Jessica Hille:

- *Introduction to Human Sexuality and Health*, which provides students with an introductory survey of topics in human sexuality, including sex, gender, sexual orientation, and how these factors intersect and interact, and
- *Critical Issues in Human Sexuality*, which builds on the introductory course to delve deeper into issues related to human sexuality, sex and gender development, gender identity, diagnostic practices related to sex and gender, and best practices for patient care, and critically reviews the history of the medicalization of sex, gender, and sexuality.

Students also complete a scholarly project with a faculty mentor from the Kinsey Institute. Current projects include studying circadian rhythms and menstruation, assessing LGBTQ+ community health needs, and evaluating knowledge about HIV and PrEP in rural communities. ❖

### Medical Student Spotlight



**Keeley Newsom** is a member of the inaugural cohort in the Human Sexuality and Health Scholarly Concentration. Working with Scholarly Concentration mentor Dr. Gregory Carter, Assistant Professor of Nursing, Keeley evaluated LGBTQ+ health knowledge and attitudes among medical students at IU, and designed and ran a health needs assessment survey for the LGBTQ+ community in south central Indiana. “Through the Human Sexuality and Health Scholarly Concentration, I’ve had the opportunity to enrich my medical education with research that I’m truly passionate about,” said Keeley. “I plan to apply what I’ve learned to make a difference broadly in medical education curricula and locally within my community.” ❖



Christopher Walling, PsyD, MBA is Clinical Director of Soma Psychological Services and President of United States Association for Body Psychotherapy.



Katherine Wolovsky, MA is a Director & Co-Founder of Disabled Duo and a Director of the Dillon Fund.

Dr. Walling and Ms. Wolovsky are Kinsey Institute donors, members of the Director's Advisory Council, and engaged with research as Kinsey Institute Clinical Research Fellows.

### Philanthropy's Impact on Kinsey Institute Research: SPOTLIGHT ON TRAUMA RESEARCH

In 2020, the Kinsey Institute Traumatic Stress Research Consortium (KI-TSRC) received significant gifts from the Dillon Fund, the United States Association for Body Psychotherapy, and the Chaja Stiftung Foundation, in addition to a seed funding grant from the Office for the Vice President for Research for COVID-19 related research.

*“Contributing to research that includes diverse people as authors and participants, such as the Kinsey Institute online survey, “Body, Mind, & COVID-19”—which recently launched and is open to an international audience—is essential to advancing a human science that respects and honors our inherent differences. As the pandemic continues to necessitate physical distancing, it is increasingly imperative that philanthropists, board members, and advocates take the lead in funding a new era of diversity, equity, and inclusivity in research at all levels.”*

—Katherine A. Wolovsky, MA is a Director & Co-Founder of Disabled Duo and a Director of the Dillon Fund.

As a result of this support, the KI-TSRC was able to launch timely new studies into mental health during the COVID-19 pandemic, exploring the experiences of individual with prior trauma history, and the pandemic's effects on sexual activities and wellbeing in those with a disability. The consortium was also able to continue to grow its international network of trauma therapists - now 900 members - and launched a large-scale international client survey documenting trauma histories, mental health, and experiences during therapy. With a final goal of over 10,000 respondents, data from this client survey will be ready for analysis in 2021. ❖

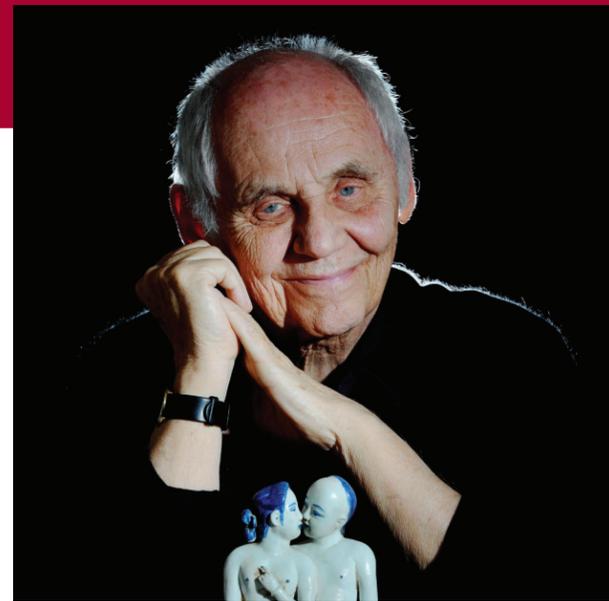


Image courtesy Reto Klar. All rights reserved.

### Dr. Erwin Haeberle Donates Archive of Sexology to Kinsey Institute

In 2020, the Kinsey Institute was pleased to announce a donation from Dr. Erwin J. Haeberle of his online international Archive of Sexology (sexarchive.info). Dr. Haeberle is a renowned German sexologist. He is a founding member, and was the first Secretary General, of the European Federation of Sexology. From 1982-1984, he was a research associate at the Kinsey Institute. From 1986-2002, he was President of the Deutsche Gesellschaft für Sozialwissenschaftliche Sexualforschung (DGSS). In this capacity, he created and designed the Hirschfeld Medal, which, over the years, has been awarded to many international sexologists. Established by Dr. Haeberle in 1994, the Archive of Sexology has grown to include sexual health information in 15 languages, with 6 complete courses. These online materials are now available as a research and educational collection through the Kinsey Institute. ❖



### Kinsey Institute Winter 2020 Fundraiser

On February 23<sup>rd</sup>, 2020, the Kinsey Institute *Speakeasy* took over Bloomington's hot spot for craft cocktails, C3, for the evening. This fundraising event brought together members of the Kinsey Institute advisory council, donors, faculty, staff, and other friends for a wonderful night of fancy cocktails, delicious food, and time to connect. A limited-edition numbered portfolio of platinum George Platt Lynes prints were for sale at the event. Platinum prints are known for their beauty and archival stability, with warmer tones unobtainable in silver prints. A small number of these portfolios are still available, so please contact our Curator, Rebecca Fasman, at [rfasman@indiana.edu](mailto:rfasman@indiana.edu) if you'd like to learn more about this unique opportunity to have George Platt Lynes prints in your home! ❖

**FOR ALL**

The Indiana University Bicentennial Campaign



**CASH GIFTS**  
**\$1.8million**

Donation amounts cover the period July 2019 through December 2020



**ART DONATIONS**  
to the Kinsey Institute Library & Special Collections

**\$1.52 million**

### ARCHIVAL DONATION

Archive of Sexology including:

**6 courses in Sexual Health**  
available in **11 languages**

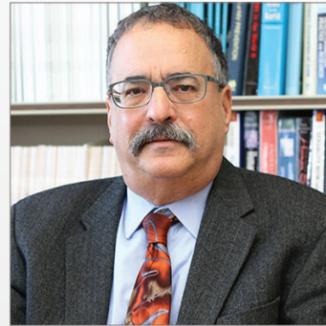
**59 online texts**

**284 online articles**



Property & Securities  
Donations

**\$45,000**



**2020 Alfred C. Kinsey Distinguished Researcher Award**

**Dr. William A. Fisher** was named the recipient of the 2020 Alfred C. Kinsey Distinguished Researcher Award, which honors renowned scientists and scholars who shape our understanding of human sexuality through their sex research. Dr. Fisher is a Distinguished University Professor Emeritus of Psychology and Obstetrics & Gynaecology at Western University, London, Ontario, Canada. His work focuses on understanding and promoting sexual and reproductive health, including sexual behavior, HIV risk reduction, individual and couple sexual function and dysfunction, sexual pharmacology, and the education of healthcare

professionals, and has been supported by the U.S. National Institutes of Health, Health Canada, and the Social Sciences and Humanities Research Council of Canada. Dr. Fisher has published over 250 peer reviewed papers, and has served as associate editor, consulting editor, and editorial board member of five major academic journals in the area of human sexuality. In addition, he is a Fellow of the Canadian Academy of Health Sciences, has served as National Health Scientist for Health Canada, and has received the Distinguished Scientific Contribution Award from the Society for the Scientific Study of Sexuality. ❖



**CAHI / Kinsey Research Fellows**

**Dr. Elizabeth Claffey** and **Dr. Brenda Weber** (pictured left, top and bottom) were both awarded the 2019-2020 College of Arts and Humanities Institute / Kinsey Institute Fellowship.

Dr. Claffey is an Assistant Professor of Photography in the Eskenazi School of Art, Architecture + Design. Her project, *Spectrum of Desires: Sensuality, Sexuality, and Motherhood*, draws on material from the Kinsey Collections to explore a series of questions about how motherhood and sexuality intersect: What is the relationship between love and sensuality in a familial context? How does mothering and motherhood shape or influence sexual desire? How does sexual expression influence one's experience of motherhood? Nursing, birthing, rocking, feeding, holding, stroking, comforting—these are the overlapping movements and memories that can influence a mother's psyche.



Dr. Weber is a Provost Professor of Gender Studies. In her project, *The Audacity of Aging*, she examines our societal myths about aging that obscure the sexuality of mature individuals, and can make invisible the bodies and desires of older LGBTQ+ folks. She uses the resources of the Kinsey Institute that pertain to age and sexuality to demonstrate how media both reinforces and resists the secret closet of age and suggests to us that it is audacious both to age, and to allow age to be written on the body.

The CAHI/Kinsey Institute Fellowship supports a cutting-edge project by Indiana University faculty in the arts or humanities that makes extensive use of the Kinsey Institute's holdings. Awardees receive course releases from teaching, research resources at the Kinsey Institute, and the title of Kinsey Institute Affiliated Faculty or Research Fellow. At the end of the award period, awardees present their research in a public talk or performance. ❖

**Barbara Bichelmeyer, PhD**  
Provost and Executive Vice Chancellor  
University of Kansas  
Lawrence, KS

**Kelly Culwell, MD, MPH**  
Chief Medical Officer, Evofem  
Biosciences Inc.  
San Diego, CA

**J. Dallas Dishman, PhD**  
Executive Director, David Geffen  
Foundation  
Los Angeles, CA

**Ramla H. Farzad, JD**  
Global Director, Diversity and Inclusion  
K&L Gates LLP  
Chicago, IL

**Jeff Franklin**  
Realtor/Broker  
Bloomington, IN

**Randy Glatt**  
Industrial Designer  
Board Member, Nalanda Institute for  
Contemplative Science  
New York, NY

**Cynthia A. Graham, PhD, C. Psychol.**  
Editor-in-Chief, *Journal of Sex Research*  
Professor of Sexual and Reproductive  
Health,  
University of Southampton  
Southampton, UK

**Kevin Jennings, MA, MBA**  
CEO, Lambda Legal  
New York, NY

**Jennifer Lahmers**  
Journalist & Co-Host, Extra TV  
Los Angeles, CA

**Laureen A. Maines, PhD, MBA**  
Executive Associate Dean of Faculty and  
Research  
KPMG Professor of Accounting, Kelley  
School of Business  
Indiana University

**Bernice A. Pescosolido, PhD**  
Distinguished Professor of Sociology  
Founding Director, Indiana Consortium  
for Mental Health Services Research  
Indiana University

**Michael D. Shumate, JD**  
Retired Partner, Jones Day (New York)  
San Diego, CA

**Curtis Simic**  
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**Scott C. Schurz**  
Chair, Schurz Communications Inc.  
Bloomington, IN

**Helmut Schuster**  
Director, Wilzig Erotic Art Museum  
(WEAM)  
Miami, FL

**James Shanahan, PhD**  
Founding Dean, The Media School  
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Medicine Center for Sexual Medicine  
and Menopause  
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Gynecology, Northwestern University  
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Co-Founder, Disabled Duo Collective  
Co-Director, The Dillon Fund  
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